

# THE EASO INTEGRATION FRAMEWORK

A model for the responsible integration of incretin-based therapies into comprehensive obesity care across Europe

## RIGHT PATIENT

Appropriate patient selection and prioritisation



### Implementation instruments:

- Phenotype-based treatment algorithms
- Assessment of obesity-related complications
- Shared decision-making
- Life-course approaches
- Individualised treatment goals

### Accountability metrics:

- Proportion of eligible patients receiving treatment
- Representation of vulnerable populations
- Patient-reported experience measures
- Treatment persistence

## RIGHT CARE

Integration of pharmacotherapy within comprehensive obesity care



### Implementation instruments:

- Multidisciplinary care pathways
- Therapeutic patient education (TPE)
- Nutritional support
- Physical activity interventions
- Behavioural support
- Management of obesity-related complications
- EASO Collaborating Centres for Obesity Management

### Accountability metrics:

- Treatment adherence
- Quality-of-life measures
- Patient-reported outcomes
- Complication control
- Long-term maintenance of weight and health benefits

## RIGHT WORKFORCE

Workforce capability and multidisciplinary competencies



### Implementation instruments:

- Harmonised competency frameworks
- Multidisciplinary training programmes
- Continuing professional development
- Ongoing EASO educational initiatives
- Emerging EASO Obesity Care Certification programme
- Multidisciplinary teams involving health and community professionals together with trained patient experts

### Accountability metrics:

- Number of professionals receiving obesity-specific training
- Multidisciplinary team availability; competency assessments
- Access to specialist expertise

## RIGHT DATA

Monitoring, pharmacovigilance, and real-world evidence generation



### Implementation instruments:

- Harmonised monitoring standards and core outcome sets
- Registries
- Pharmacovigilance systems
- Body composition assessment
- Patient-reported outcome measures
- European Health Data Space interoperability

### Accountability metrics:

- Treatment persistence
- Adverse event reporting
- Body composition outcomes
- Registry participation
- Quality indicators
- Real-world effectiveness measures

## RIGHT ACCESS

Equity, affordability, and sustainability



### Implementation instruments:

- Reimbursement frameworks
- Prioritisation strategies
- Patient and public involvement
- Health-economic evaluation
- Shared-care models
- Policies aimed at reducing disparities between healthcare systems

### Accountability metrics:

- Treatment uptake across socioeconomic groups
- Waiting times
- Geographical variation in access
- Cost-effectiveness measures
- Equity indicators

## KEY MESSAGE

[www.easo.org](http://www.easo.org)



Improved health, reduced complications, and sustained benefits for people living with obesity across Europe.

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