

Veranstaltungsort
Venue

Kap Europa
Osloer Str. 5
60327 Frankfurt a. M.

Wissenschaftliche Leitung
Scientific Management



Sylvia und Rudolf Weiner

Chief Physician,
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Matthias Blüher

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**EXPERTEN AUS
5 KONTINENTEN
UND 49 LÄNDERN**

**EXPERTS FROM
5 CONTINENTS AND
49 COUNTRIES**



ADIPOSITAS TAGE OBESITY DAYS

5–6 NOVEMBER 2026
FRANKFURT AM MAIN | KAP EUROPA

CHIRURGIE TRIFFT KLINISCHE PRAXIS
SURGERY MEETS MEDICAL MANAGEMENT

**DAS FRANKFURTER MEETING WÄCHST UND
WIRD ZU „ADIPOSITAS TAGE“**

THE FRANKFURTER MEETING IS GROWING AND
BECOMES “OBESITY DAYS”

OBESITY-DAYS.DE



PROGRAMM | PROGRAM | 5 NOVEMBER 2026

	Level 4	Level 3			Level 2			
Time Uhrzeit	HORIZONT	KOSMOS  	KOMET	KRISTALL  	MERIDIAN 1	MERIDIAN 2	ORIENT INTUITIVE	OKZIDENT
08:30 – 09:00	Registration							
09:00 – 10:30		 Workshop Nutritional Medicine	 Workshop Doctor & Law	 Workshop Lipedema		 Hands On Workshop Duodenal-Liner		 Workshop Practice Management
10:30 – 11:00	Registration	Break and Learn (Industry Exhibition)						
11:00 – 12:30	 Plenary 1 Opening, Obesity & MBS Update 2026 – LIVE Surgery							
12:30 – 13:00	Break and Learn (Industry Exhibition)							
13:00 – 14:30	 Plenary 2 Pharmacotherapy Obesity Update 2026	 Session 1 Training the Next Generation of Metabolic Bariatric Surgeons – Needs, Standards, and Recognition	 Session 2 Obesity in the Interaction of Muscle/Bone/Skin	 Session 3 Breaking the Plateau: Interdisciplinary Management of Recurrent Weight Gain and Suboptimal Clinical Response	 Session 4 Video Session: OAGB Pitfalls, Mistakes, Complications and Errors (CAADIP)	 Session 5 Inside-Out Obesity Therapy – The Endoluminal Approach	 Robotic Hands-On Workshop	 Session 6 Why Obesity Therapies Work – and Why They Do Not Current German Research from Cellular Mechanisms to Clinical Decision-Making
14:30 – 16:00	Break and Learn (Industry Exhibition) and Satellite Symposia							
16:00 – 17:30	 Plenary 3 Robotic Surgery Update 2026 – LIVE Surgery	 Session 7 Gender-Specific Aspects in Obesity Medicine	 Session 8 Navigating Catastrophic Complications after SADI-S: A Pathway to the Safe Border	 Session 9 Swollen Legs, Wrong Diagnosis – Correct Classification of Lipedema, Lymphedema, and Obesity	 Session 10 Video Session: Complicated Cases in OAGB Surgery (Part 2)	 Session 11 New Studies & Aspects in Metabolic Bariatric Surgery	 Robotic Hands-On Workshop	 Session 12 Become an Up-to-Date Metabolic Bariatric Surgeon – Multimodal Therapy
17:30 – 17:45	Break							
17:45 – 18:30	 17:45–19:00 Highway to Hell Catastrophic Situations	 Session 13 Special Indications: Childhood, Adolescents and Extreme Obesity	 Session 14 Endocrinology					

PROGRAMM | PROGRAM | 6 NOVEMBER 2026

	Level 4	Level 3			Level 2			
Time Uhrzeit	HORIZONT	KOSMOS  	KOMET	KRISTALL  	MERIDIAN 1	MERIDIAN 2	ORIENT INTUITIVE	OKZIDENT
08:00–09:00						OAGB Welcome Opening		
						 Session 19a OAGB: History, Registry, MGB–OAGB Club and MasterClass		
09:00–10:30	 Plenary 4 Transit Bipartition in the Focus	 Session 15 Pharmacotherapy in Obesity Management	 Session 16 Video Session: Standards and Variations in current MBS	 Session 17 Robotic Expert Meeting – New Trends and Developments	 Session 18 The Double-Edged Sword: Malabsorption in Modern MBS – Efficacy, Risk, and Responsibility	 Session 19b OAGB: How it works. Techniques, Variants and Revisions	 Robotic Hands-On Workshop	 BDC–Kurs
10:30–11:00	Break and Learn (Industry Exhibition)							
11:00–12:30	 Plenary 5 Part 1: Fundamentals Part 2: Bariatric Jeopardy	 Session 20 Nutrition–Activity–Sleep	 Session 21 Less Weight, More Skin – Now What? Plastic Surgery after Weight Loss	 Session 22 Treat-to-Target Approaches in Obesity Management	 Session 23 Dumping Syndrome after Bariatric Surgery – when Physiology Turns into Pathology	 Session 24a Evidence, Outcomes, OAGB in Elderly, Adolescent and Patients with Severe Obesity		 BDC–Kurs
						 Session 24b Complications, Side effects, Prevention and Management		
12:30–14:00	Break and Learn (Industry Exhibition) and Satellite Symposia							 Robotic Hands-On Workshop
14:00–15:30	 Plenary 6 Management of Complications	 Session 25 Ring-Augmented Metabolic Bariatric Surgery Procedures	 Session 26 Obesity and Organ Function – Heart, Lung, and Liver: Therapeutic Effects of Successful Weight Reduction	 Session 27 In Focus: A Matter of Shape and Technique? – The RYGB-Anastomosis	 Session 28 Revisional Surgery	 Session 29 An update Delphi Consensus Position Statement One Anastomosis Gastric Bypass		
15:30–17:00								