



EASO COMs Summit 2026
September 24-25 in Potsdam, Germany
DAY 1 – Thursday 24 September – 08:30-19:15

Time	Session	Speaker
08:30-09:00	REGISTRATION & COFFEE	
09:00-09:10	COMs Welcome & Intentions for Summit	Volkan Yumuk (Türkiye), Dror Dicker (Israel), Melania Manco (Italy)
09:10-10:40	SUMMIT SESSION 1: A Life-Course Approach: Women's & Children's Health	<i>Chairs: Jennifer Baker (Denmark)</i>
09:10-09:30	A Lived Experience Perspective on Obesity Care for Women Across the Life Course	ECPO (Germany)
09:30-09:50	A New EASO Framework for the Diagnosis and Staging of Obesity in Children and Adolescents	Melania Manco (Italy)
09:50-10:10	Obesity Treatment Planning Across Women's Life Stages	Andreea Ciudin (Spain)
10:10-10:25	Gestational Diabetes and Early-Life Metabolic Programming	Isabel Omaña Guzmán and Nayely Garibay Nieto (Mexico)
10:25-10:40	Weight Loss and Menstrual Function in Adolescent Girls with Obesity – Improvement or Disruption?	Irena Aldhoon Hainerová (Czech Republic)
10:40-10:45	ROOM CHANGE	
10:45-11:45	DAG Plenary: Cytoarchitectural Aspects of Adipose Insulin Resistance	Michael Rydén (Sweden)
11:45-13:15	LUNCH BREAK WITH DAG INDUSTRY SESSIONS	
13:15-14:15	SUMMIT SESSION 2: Obesity Management in a Changing Treatment Landscape	<i>Chairs: Volkan Yumuk (Türkiye)</i>
13:15-13:35	The Next Wave of Obesity Pharmacotherapy – Emerging Incretin and Amylin-Based Therapies	Barbara McGowan (UK)
13:35-13:55	Big Data and AI for the Prevention of Metabolic Diseases and Better Obesity Care	Carolin Schneider (Germany)
13:55-14:15	Managing Treatment for People with a Limited Response to Obesity Interventions	Dror Dicker (Israel)
14:15-14:30	BREAK	
14:30-16:10	SUMMIT SESSION 3: Building Pathways for Severe and Complex Obesity	<i>Chairs: Andreea Ciudin (Spain)</i>



14:30-14:50	Building a Care Pathway for Adolescents with Severe Obesity	Martin Wabitsch (Germany)
14:50-15:10	Addressing Hepatic Steatosis Within Obesity Management	Knut Mai (Germany)
15:10-15:25	When Standard Approaches Are Not Enough: Managing Severe Prader–Willi Syndrome with Complex Comorbidities	Belma Haliloglu (Türkiye)
15:25-15:40	Intensive Weight Loss Intervention Versus Bariatric Surgery for Adults with Severe and Complex Obesity: Protocol for the LightBAR Randomised Trial	Kirstine Nyvold Bojsen-Møller (Denmark)
15:40-15:55	Insights from a Hospital-based Intensive Medical Weight Management Programme for Patients with Severe and Complex Obesity Ineligible for Bariatric Surgery	Olivia Duun (Denmark)
15:55-16:10	Endoscopic Sleeve Gastropasty: Insights from Algerian Cases on Efficacy and Safety	Soumia Belalia (Algeria)
16:10-16:30	BREAK	
16:30-18:10	SUMMIT SESSION 4: Industry Session	
18:10-18:15	SUMMIT DAY 1 CLOSE	<i>Dror Dicker (Israel), Melania Manco (Italy)</i>
18:15-19:15	DAG POSTERS	
19:15-19:30	SHORT BREAK	
19:30-21:00	EVENING EVENT	



DAY 2 – Friday 25 September – 08:30-16:30

Time	Session	Speaker
08:30-09:00	ARRIVAL & COFFEE	
09:00-09:10	COMs Welcome & Intentions for Summit	<i>Dror Dicker (Israel), Melania Manco (Italy)</i>
09:10-10:50	SUMMIT SESSION 5: Evidence and Data for Better Obesity Care	<i>Chairs: Jennifer Baker (Denmark), Bogdan Pascu (Romania)</i>
09:10-09:30	Shifting Obesity Care from Hospital to Community – The PEACETIME Model	Ruth Price (UK)
09:30-09:50	Pelvic Floor Health in Obesity Care: From Unmet Need to Integrated Care	Emer O'Malley (Ireland)
09:50-10:05	Eight Years of Body Composition Data from an EASO-Certified Clinic	Luis Jesús Dorado Panameño (Mexico)
10:05-10:20	Body Composition Changes During GLP-1 Receptor Agonist Treatment in Young People with Obesity	Irina Bojoga (Romania)
10:20-10:35	Beyond BMI: Bioelectrical Impedance Reveals Improved Body Composition During Multidisciplinary Care in Children With Obesity	Ema Claudia Margineanu (Romania)
10:35-10:50	Real-World Outcomes Following Sequential Tirzepatide-to-Semaglutide Treatment	Brij Mohan Makkar (India)
10:50-11:30	BREAK	
11:30-12:55	SUMMIT SESSION 6: Appetite, Nutrition and Function During Obesity Management	<i>Chairs: Nathalie Farpour-Lambert (Switzerland), Luisella Vigna (Italy)</i>
11:30-11:50	Understanding and Measuring Food Noise – Implications for Obesity Management	Paulina Nowicka (Sweden)
11:50-12:10	Preserving Muscle Mass and Function During Obesity Treatment	Mette Svendsen (Norway)
12:10-12:25	Plant-Based Nutrition in Obesity Prevention and Management – What Do We Know About Children and Adolescents?	Martin Světnička (Czech Republic)
12:25-12:40	Assessment and Treatment of Post-Bariatric Loose Stools and Faecal Incontinence	Sarah O'Keeffe (Ireland)
12:40-12:55	The MAC6 Multidisciplinary Group Programme – Psychological, Physical and Nutritional Outcomes	Elena Caglioni (Italy)



12:55-14:30	LUNCH BREAK WITH DAG INDUSTRY SESSIONS	
14:30-16:30	SUMMIT SESSION 7: Sharing National Practice - For Now and Future	<i>Chairs: Dror Dicker (Israel), Melania Manco (Italy)</i>
14:30-14:52	SEEDO CONTIGO – An Integrated Patient Support Initiative	David Jiménez and Cristina Porca (Spain)
14:52-15:14	How Can COMs Improve Access to Medications for Paediatric Obesity Management?	Tryggvi Helgason (Iceland)
15:14-15:36	Experiential Communication Training Through Theatre for Children, Families and Schools	Irena Aldhoon Hainerová (Czech Republic)
15:36-15:51	Implementing Multidisciplinary Obesity Care in a Resource-Constrained Setting	Sara Chouli (Algeria)
15:51-16:06	From Trial to Practice: Implementing a Wearable-Based Digital Health Coaching Program in Obesity Management Centers - The Dig4health Experience	Miriám Dojčárová (Slovakia)
16:06-16:21	Development of the First Multidisciplinary Consensus Guideline for Nutritional and Physical Activity Support in Endoscopic Bariatric Therapies	Rosy Silva Urdaneta (Spain)
16:21-16:30	SUMMIT CLOSE	<i>Dror Dicker (Israel), Melania Manco (Italy)</i>

Eli Lilly and Company and Novo Nordisk have provided independent sponsorship to support the EASO COMs Summit.

Eli Lilly and Company and Novo Nordisk have had no influence over the Summit agenda or arrangements, except where indicated.