



EASO COMs Summit 2026
September 24-25 in Potsdam, Germany
DAY 1 – Thursday 24 September – 08:30-19:15

Time	Session	Speaker
08:30-09:00	REGISTRATION & COFFEE	
09:00-09:10	COMs Welcome & Intentions for Summit	Volkan Yumuk (Türkiye), Dror Dicker (Israel), Melania Manco (Italy)
	SUMMIT SESSION 1: A Life-Course Approach: Women & Children's Health	<i>Chairs: Jennifer Baker (Denmark)</i>
09:10-09:30	A Lived Experience Perspective on Obesity Care for Women Across the Life Course	ECPO (Germany)
09:30-09:50	A New EASO Framework for the Diagnosis and Staging of Obesity in Children and Adolescents	Melania Manco (Italy)
09:50-10:10	Obesity Treatment Planning Across Women's Life Stages	Andreea Ciudin (Spain)
10:10-10:25	Gestational Diabetes and Early-Life Metabolic Programming	Isabel Omaña Guzmán and Nayely Garibay Nieto (Mexico)
10:25-10:40	Weight Loss and Menstrual Function in Adolescent Girls with Obesity – Improvement or Disruption?	Irena Aldhoon Hainerová (Czech Republic)
10:40-10:45	ROOM CHANGE	
10:45-11:45	DAG PLENARY	Michael Rydén (Sweden)
11:45-13:15	LUNCH BREAK WITH DAG INDUSTRY SESSIONS	
	SUMMIT SESSION 2: Obesity Management in a Changing Treatment Landscape	<i>Chairs: Volkan Yumuk (Türkiye)</i>
13:15-13:35	The Next Wave of Obesity Pharmacotherapy – Emerging Incretin and Amylin-Based Therapies	Barbara McGowan (UK)
13:35-13:55	Big Data and AI for the Prevention of Metabolic Diseases and Better Obesity Care	Carolin Schneider (Germany)
13:55-14:15	Managing Treatment for People with a Limited Response to Obesity Interventions	Dror Dicker (Israel)
14:15-14:30	BREAK	
	SUMMIT SESSION 3: Building Pathways for Severe and Complex Obesity	<i>Chairs: Andreea Ciudin (Spain)</i>



14:30-14:50	Building a Care Pathway for Adolescents with Severe Obesity	Martin Wabitsch (Germany)
14:50-15:10	Addressing Hepatic Steatosis Within Obesity Management	Knut Mai (Germany)
15:10-15:25	When Standard Approaches Are Not Enough: Managing Severe Prader-Willi Syndrome with Complex Comorbidities	Belma Haliloglu (Türkiye)
15:25-15:40	Intensive Weight Loss Intervention Versus Bariatric Surgery for Adults with Severe and Complex Obesity: Protocol for the LightBAR Randomised Trial	Kirstine Nyvold Bojsen-Møller (Denmark)
15:40-15:55	Insights from a Hospital-based Intensive Medical Weight Management Programme for Patients with Severe and Complex Obesity Ineligible for Bariatric Surgery	Olivia Duun (Denmark)
15:55-16:10	Endoscopic Sleeve Gastropasty: Insights from Algerian Cases on Efficacy and Safety	Soumia Belalia (Algeria)
16:10-16:30	BREAK	
	SUMMIT SESSION 4: Industry and Partner Perspectives	<i>Chairs: Barbara McGowan (UK), Steven Teoh (Malaysia)</i>
16:30-16:50	Improving Obesity Care Through Quality Improvement	Institute for Healthcare Improvement (TBC)
16:50-17:10	Novo Nordisk	TBC
17:10-17:30	Eli Lilly & Company	TBC
17:30-17:50	Industry presentation 3	TBC
17:50-18:10	Industry presentation 4	TBC
18:10-18:15	SUMMIT DAY 1 CLOSE	<i>Dror Dicker (Israel), Melania Manco (Italy)</i>
18:15-19:15	DAG POSTERS	
19:15-19:30	SHORT BREAK	
19:30-21:00	EVENING EVENT	

DAY 2 – Friday 25 September – 08:30-16:30

Time	Session	Speaker
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08:30-09:00	ARRIVAL & COFFEE	
09:00-09:10	COMs Welcome & Intentions for Summit	<i>Dror Dicker (Israel), Melania Manco (Italy)</i>
	SUMMIT SESSION 5: Evidence and Data for Better Obesity Care	<i>Chairs: Jennifer Baker (Denmark), Bogdan Pascu (Romania)</i>
09:10-09:30	Shifting Obesity Care from Hospital to Community – The PEACETIME Model	Ruth Price (UK)
09:30-09:50	Pelvic Floor Health in Obesity Care: From Unmet Need to Integrated Care	Emer O'Malley (Ireland)
09:50-10:05	Eight Years of Body Composition Data from an EASO-Certified Clinic	Luis Jesús Dorado Panameño (Mexico)
10:05-10:20	Body Composition Changes During GLP-1 Receptor Agonist Treatment in Young People with Obesity	Irina Bojoga (Romania)
10:20-10:35	Beyond BMI: Bioelectrical Impedance Reveals Improved Body Composition During Multidisciplinary Care in Children With Obesity	Ema Claudia Margineanu (Romania)
10:35-10:50	Real-World Outcomes Following Sequential Tirzepatide-to-Semaglutide Treatment	Brij Mohan Makkar (India)
10:50-11:30	BREAK	
	SUMMIT SESSION 6: Appetite, Nutrition and Function During Obesity Management	<i>Chairs: Nathalie Farpour-Lambert (Switzerland), Luisella Vigna (Italy)</i>
11:30-11:50	Understanding and Measuring Food Noise – Implications for Obesity Management	Paulina Nowicka (Sweden)
11:50-12:10	Preserving Muscle Mass and Function During Obesity Treatment	Mette Svendsen (Norway)
12:10-12:25	Plant-Based Nutrition in Obesity Prevention and Management – What Do We Know About Children and Adolescents?	Martin Světnička (Czech Republic)
12:25-12:40	Assessment and Treatment of Post-Bariatric Loose Stools and Faecal Incontinence	Sarah O'Keeffe (Ireland)
12:40-12:55	The MAC6 Multidisciplinary Group Programme – Psychological, Physical and Nutritional Outcomes	Elena Caglioni (Italy)
12:55-14:30	LUNCH BREAK WITH DAG INDUSTRY SESSIONS	



	SUMMIT SESSION 7: Sharing National Practice - For Now and Future	<i>Chairs: Dror Dicker (Israel), Melania Manco (Italy)</i>
14:30-14:52	SEEDO CONTIGO – An Integrated Patient Support Initiative	David Jiménez and Cristina Porca (Spain)
14:52-15:14	How Can COMs Improve Access to Medications for Paediatric Obesity Management?	Tryggvi Helgason (Iceland)
15:14-15:36	Experiential Communication Training Through Theatre for Children, Families and Schools	Irena Aldhoon Hainerová (Czech Republic)
15:36-15:51	Implementing Multidisciplinary Obesity Care in a Resource-Constrained Setting	Sara Chouli (Algeria)
15:51-16:06	From Trial to Practice: Implementing a Wearable-Based Digital Health Coaching Program in Obesity Management Centers - The Dig4health Experience	Miriám Dojčárová (Slovakia)
16:06-16:21	Development of the First Multidisciplinary Consensus Guideline for Nutritional and Physical Activity Support in Endoscopic Bariatric Therapies	Rosy Silva Urdaneta (Spain)
16:21-16:30	SUMMIT CLOSE	<i>Dror Dicker (Israel), Melania Manco (Italy)</i>