

**DATE:**  
**15–17 March 2026**

**LOCATION:**  
**The Netherlands**

**OBESITY:**  
**From Root Causes to  
Diagnostics and Treatment**

We are delighted to notify you about the second **TRANSFORM: Training Experts for Tomorrow** event, focused on the different root causes, diagnostics and treatment of obesity, including rare melanocortin-4 receptor pathway diseases, taking place in The Netherlands on 15–17 March 2026.

**TRANSFORM** is an educational training programme designed to provide healthcare professionals with cutting-edge knowledge and skills relevant to their field. This meeting will provide a unique platform to engage with scientific leaders, participate in skill-building workshops and network with peers.

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## This year's meeting will be co-chaired by:

### **Professor Erica van den Akker**

Head of Paediatric Endocrinology at Erasmus University (The Netherlands)

### **Professor Luca Busetto**

Professor of Nutrition, Department of Medicine, University of Padova (Italy)

**If you are interested in participating in this programme please register here.**

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## Agenda



### **15th March - Evening Keynote Lecture**

- Welcome and introductions
- Keynote lecture



### **16th March - Morning Clinical Evaluation**

- Speaker presentation
- Panel discussion and Q&A
- Workshop



### **16th March - Afternoon Diagnostics**

- Speaker presentation
- Panel discussion and Q&A
- Workshop



### **17th March - Morning Treatment**

- Speaker presentation
- Panel discussion and Q&A
- Workshop

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**Further details about the programme and meeting logistics will be available soon.**

Kind regards,

**TRANSFORM Co-Chairs**

**Professor Erica van den Akker**, Head of Paediatric Endocrinology and Obesity Center CGG at Erasmus University Medical Center (The Netherlands)

**Professor Luca Busetto**, Professor of Nutrition, Department of Medicine, University of Padova (Italy)

**For any enquiries, please reach out to [transform@spectrumscience.com](mailto:transform@spectrumscience.com)**