



EASO COMs Summit 2025
December 1-2 in Paris, France

DAY 1 – Monday 1 December
JOINT TRACK (ONLY TRACK FOR DAY 1): 12:00-19:10

Time	Session
12:00-13:00	REGISTRATION & LUNCH
13:00-13:10	COMs Welcome Ceremony

SESSION 1: TREATMENT OF OBESITY IN THE ERA OF NUTRIENT-STIMULATED HORMONE MEDICATIONS

Time	Session	Speaker
13:10-13:40	Patient Perspectives on New Era of Obesity Management	Alina Constantin (France), Sólveig Sigurðardóttir (Iceland)
13:40-14:10	Clinical Evaluation of People living with Obesity: The COM Way	Feray Akbaş (Türkiye)
14:10-14:40	EASO Framework for the Definition and Treatment Targets in Obesity	Dror Dicker (Israel)
14:40-15:10	EASO Grade-Based Pharmacological Algorithm for the Treatment of Obesity and its Complications	Barbara McGowan (UK)
15:10-15:40	BREAK	

SESSION 2: INTEGRATING DISCIPLINES IN COMs CARE

Time	Session	Speaker
15:40-16:00	Long-Term Effects of Gastric Bypass and Sleeve Gastrectomy in Type 2 Diabetes: a Matched Retrospective Cohort Study from Sweden	Gudrun Hoskuldsdottir (Iceland)
16:00-16:20	Metabolic Surgery in the Era of Precision Medicine	Francois Pattou (France)
16:20-16:40	TBC	TBC
16:40-17:00	Collaboration Between Hospital and Community Obesity Clinics - Greater than the Sum	Idit Dotan (Israel)
17:00-17:30	BREAK	


SESSION 3: INDUSTRY PERSPECTIVES & INNOVATIONS

Time	Session	Speaker
17:30-17:50	Amgen	TBC
17:50-18:10	Novo Nordisk	TBC
18:10-18:30	Eli Lilly and Company	TBC
18:30-18:50	Boehringer Ingelheim	TBC
18:50-19:10	Regeneron	TBC
19:10-onwards	CLOSE & RETURN TO HOTEL	
20:00-onwards	DINNER AT HOTEL	



DAY 2 – Tuesday 2 December
JOINT & SPLIT TRACKS FOR DAY 2: 09:30-18:00

SESSION 4: ADVANCES IN OBESITY & RELATED CONDITIONS

Time	Session	Speaker
09:30-10:00	Advances in the Diagnosis and Staging of MASLD: Implications for Obesity Management	Laurent Castera (France)
10:00-10:30	GLP-1 Receptor Agonists in Youth	Melania Manco (Italy)
10:30-10:50	Analysis of the Concordance Between Body Fat Percentage Estimated by Dual-Energy X-Ray Absorptiometry (DEXA) and Anthropometric Parameters in a Cohort of Patients Living with Obesity	Cristina Aguilar Riera (Spain)
10:50-11:30	BREAK	

SESSION 5: OPTIMISING PHARMACOLOGICAL MANAGEMENT OF OBESITY

Time	Session	Speaker
11:30-11:50	Gene Variant Predictors of Obesity Management Medication Response in People with Severe Obesity	Claire Carette (France)
11:50-12:10	Physical Activity Strategies During Pharmacological Treatment	Jean Michel Oppert (France)
12:10-12:30	AFERO Position Paper: Addressing Gaps in OMM Prescription	Judith Aron-Wisniewsky (France)
12:30-12:50	Early Changes in Food Noise, Body Weight, and Visceral Fat with GLP-1 Receptor Agonists in Mexican Patients with Obesity: an Ambispective and Comparative Experience with Tirzepatide and Semaglutide	Patricia Samarat Castillo Flores (México)
12:30-13:30	LUNCH	

SESSION 6 (ADULT TRACK): CLINICAL & BIOLOGICAL INSIGHTS IN ADULT OBESITY

Time	Session	Speaker
14:00-14:20	Computed Tomography Scanning for the Estimation of Resting Energy Expenditure (REE)	Fiorella Palmas (Spain)
14:20-14:40	Mitochondrial Rhythms and Metabolic Dysfunction in Adult Obesity	TBC
14:40-15:00	Chronodisruption Enhances Inflammatory Cytokine Release from Visceral Adipose Tissue in Obesity	Ludovica Verde (Italy)
15:00-15:20	Shortness Of Breath in Individuals with Obesity	Gudrun Hoskuldottir (Iceland)
15:20-15:50	BREAK	


SESSION 6 (PAEDIATRIC TRACK): CLINICAL & BIOLOGICAL INSIGHTS IN CHILDHOOD OBESITY

Time	Session	Speaker
14:00-14:20	Long-Term Clinical Outcomes of the HOLBAEK Model: Sustained Improvements in BMI, Lean Mass, and Fat Mass z-Scores in Over 3,000 Children and Adolescents with Obesity	Cilius Esmann Fonvig (Denmark)
14:20-14:40	Early-Onset Obesity: Is It Time to Introduce GLP-1RA in the Younger Pediatric Population?	Yael Lebenthal (Israel)
14:40-15:00	Nutrition First: Optimizing Adolescent Readiness for GLP-1RA Therapy and Minimizing Gastrointestinal Side Effects	Ophir Borger (Israel)
15:00-15:20	Bariatric Surgery in a Pediatric Population with Obesity – One-Center Experience	Kamila Szeliga (Poland), Agata Konopka (Poland)
15:20-15:50	BREAK	

SESSION 7 (ADULT TRACK): ADULT CASE STUDIES IN OBESITY CARE

Time	Session	Speaker
15:50-16:00	The Interplay of UCP3 and PCSK1 Variants in Severe Obesity	Martina Galasso (Italy)
16:00-16:10	Experiences of Successful and Unsuccessful Obesity Management	Dima Kreidieh (Lebanon)
16:10-16:20	Elephantiasis and Chronic Cellulitis of a Pendulous Abdomen: Is There a Solution?	Mirjana Sumarac-Dumanovic (Serbia)
16:20-16:30	TBC	Sarah O'Keeffe (Ireland)

SESSION 7 (PAEDIATRIC TRACK): PAEDIATRIC CASE STUDIES IN OBESITY CARE

Time	Session	Speaker
15:50-16:00	Severe Adolescent Obesity with Multimorbidity: A Case of Complex Care Integration	Irena Aldhoon Hainerova (Czech)
16:00-16:10	Off-Label Use of GLP-1 Receptor Agonists in Early-Onset Obesity due to Homozygous MC4R Mutations: A Family Case Report	Avivit Brener (Israel)
16:10-16:20	Real-World Clinical Data on Effects and Barriers for Semaglutide Treatment as an Add-on to Chronic Obesity Treatment	Louise Aas Holm (Denmark)
16:20-16:30	An Interesting Case of Monogenic Obesity	Brij Mohan Makkar (India)

**SESSION 8: KEYNOTE ADDRESS & NEXT STEPS**

Time	Session	Speaker
16:40-17:10	Keynote Address: Past, Present & Future of the Obesity Field	Louis Aronne (USA)
17:10-17:50	Guided Discussion	Dror Dicker (Israel), Melania Manco (Italy)
17:50-18:00	CLOSE & NEXT STEPS, RETURN TO HOTEL FOR DINNER	