



EASO COMs Summit 2025
December 1-2 in Paris, France

DAY 1 – Monday 1 December
JOINT TRACK (ONLY TRACK FOR DAY 1): 12:00-19:10

Time	Session
12:00-13:00	REGISTRATION & LUNCH
13:00-13:10	COMs Welcome Ceremony

SESSION 1: TREATMENT OF OBESITY IN THE ERA OF NUTRIENT-STIMULATED HORMONE MEDICATIONS

Time	Session
13:10-13:40	Patient Perspectives on New Era of Obesity Management
13:40-14:10	Integrating Real-World Evidence in Obesity Management
14:10-14:40	A New Framework & Algorithm for Obesity Treatment
14:40-15:10	Past, Present & Future of the Obesity Field
15:10-15:40	BREAK

SESSION 2: INTEGRATING DISCIPLINES IN COMs CARE

Time	Session
15:40-16:00	Long-Term Effects of Gastric Bypass and Sleeve Gastrectomy in Type 2 Diabetes: a Matched Retrospective Cohort Study from Sweden
16:00-16:20	Collaboration Between Hospital and Community Obesity Clinics - Greater than the Sum
16:20-16:40	The Role of Psychiatry in Multidisciplinary Obesity Care: When and How to Integrate Support
16:40-17:00	Metabolic Surgery in the Era of Precision Medicine
17:00-17:30	BREAK

**SESSION 3: INDUSTRY PERSPECTIVES & INNOVATIONS**

Time	Session
17:30-19:10	Presentations from industry
19:10-onwards	CLOSE & RETURN TO HOTEL
20:00-onwards	DINNER AT HOTEL



DAY 2 – Tuesday 2 December
JOINT & SPLIT TRACKS FOR DAY 2: 09:30-18:00

SESSION 4: ADVANCES IN OBESITY & RELATED CONDITIONS

Time	Session
09:30-10:00	Advances in the Diagnosis and Staging of MASLD: Implications for Obesity Management
10:00-10:30	ESPE guidelines
10:30-11:00	GLP-1 Receptor Agonists in Youth
11:00-11:30	BREAK

SESSION 5: OPTIMISING PHARMACOLOGICAL MANAGEMENT OF OBESITY

Time	Session
11:30-11:50	Gene Variant Predictors of Obesity Management Medication Response in People with Severe Obesity
11:50-12:10	Physical Activity Strategies During Pharmacological Treatment
12:10-12:30	AFERO Position Paper: Addressing Gaps in OMM Prescription
12:30-12:50	Early Changes in Food Noise, Body Weight, and Visceral Fat With GLP-1 Receptor Agonists in Mexican Patients With Obesity: an Ambispective and Comparative Experience With Tirzepatide and Semaglutide
12:30-13:30	LUNCH

SESSION 6 (ADULT TRACK): CLINICAL & BIOLOGICAL INSIGHTS IN ADULT OBESITY

Time	Session
14:00-14:20	New Approaches to Measuring Body Composition and REE
14:20-14:40	Analysis of the Concordance Between Body Fat Percentage Estimated by Dual-Energy X-Ray Absorptiometry (DEXA) and Anthropometric Parameters in a Cohort of Patients Living With Obesity
14:40-15:00	Chronodisruption Enhances Inflammatory Cytokine Release from Visceral Adipose Tissue in Obesity
15:00-15:20	Shortness Of Breath In Individuals With Obesity
15:20-15:50	BREAK


SESSION 6 (PAEDIATRIC TRACK): CLINICAL & BIOLOGICAL INSIGHTS IN CHILDHOOD OBESITY

Time	Session
14:00-14:20	Long-Term Clinical Outcomes of the HOLBAEK Model: Sustained Improvements in BMI, Lean Mass, and Fat Mass z-Scores in Over 3,000 Children and Adolescents with Obesity
14:20-14:40	Early-Onset Obesity: Is It Time to Introduce GLP-1RA in the Younger Pediatric Population?
14:40-15:00	Nutrition First: Optimizing Adolescent Readiness for GLP-1RA Therapy and Minimizing Gastrointestinal Side Effects
15:00-15:20	Bariatric Surgery in a Pediatric Population with Obesity – One-Center Experience
15:20-15:50	BREAK

SESSION 7 (ADULT TRACK): ADULT CASE STUDIES IN OBESITY CARE

Time	Session
15:50-16:00	The Interplay of UCP3 and PCSK1 Variants in Severe Obesity
16:00-16:10	Experiences of Successful and Unsuccessful Obesity Management
16:10-16:20	Elephantiasis and Chronic Cellulitis of a Pendulous Abdomen: Is There a Solution?
16:20-16:30	TBC

SESSION 7 (PAEDIATRIC TRACK): PAEDIATRIC CASE STUDIES IN OBESITY CARE

Time	Session
15:50-16:00	Real-World Clinical Data on Effects and Barriers for Semaglutide Treatment as an Add-on to Chronic Obesity Treatment
16:00-16:10	Off-Label Use of GLP-1 Receptor Agonists in Early-Onset Obesity due to Homozygous MC4R Mutations: A Family Case Report
16:10-16:20	Severe Adolescent Obesity with Multimorbidity: A Case of Complex Care Integration
16:20-16:30	An Interesting Case of Monogenic Obesity

SESSION 8: LIGHTNING TALKS & NEXT STEPS

Time	Session
16:40-17:50	Lightning Talks by attending EASO COMs Members
17:50-18:00	CLOSE & NEXT STEPS, RETURN TO HOTEL FOR DINNER