

**EASO ECN MASTERCLASS 2025**  
**NOVEMBER 20-22 in Cascais, Portugal**  
**“HOT TOPICS IN OBESITY”**

**DAY 1 – Thursday 20 November**

Time	Session
13:00-13:40	<b>Welcome, Introductions &amp; Ice Breaker</b>
13:40-14:20	<b>Living with Obesity: Personal Journeys and Youth Perspectives</b>
14:20-15:00	<b>Workshop: Weight Bias, Obesity Stigma &amp; Advocacy</b>
15:00-15:40	<b>Delegate Posters 1</b>
15:40-16:10	Coffee break
16:10-16:50	<b>Obesity as a Disease of the Central Nervous System</b>
16:50-17:30	<b>Genetics of Obesity</b>
17:30-18:10	<b>Delegate Posters 2</b>
19:30-21:30	Welcome dinner

**DAY 2 – Friday 21 November**

Time	Session
09:10-09:50	<b>Adipose Tissue Dysfunction in Obesity: a Driver for Cardiometabolic Complications</b>
09:50-10:30	<b>The Obesity Nexus: Linking Neural, Immune, and Epithelial Crosstalk</b>
10:30-11:10	<b>Delegate Posters 3</b>
11:10-11:40	Coffee break
11:40-12:20	<b>Meal Patterns, Including Fasting and Circadian Rhythm</b>
12:20-13:00	<b>Psychology in Obesity</b>
13:00-14:10	Lunch
14:10-14:50	<b>Advancements in Obesity Pharmacotherapy: Current Options and Future Directions Including the EASO Algorithm</b>
14:50-15:30	<b>Optimising Health through Physical Activity: Best Practices and Recommendations</b>
15:30-16:00	Coffee break
16:00-16:40	<b>Adult Session: 360 Degrees of Obesity Management in Adults</b>
16:40-17:20	<b>Paediatric Session: 360 Degrees of Obesity Management in Children</b>
17:20-18:00	<b>Delegate Posters 4</b>
19:30-21:30	Dinner

**DAY 3 – Saturday 22 November**

Time	Session
09:10-09:50	<b>Commercial Determinants of Health</b>
09:50-10:50	<b>Workshop: A Complex Systems Approach to Action on Obesity</b>
10:50-11:20	Coffee break
11:20-12:00	<b>Inequality in Child and Adolescent Obesity</b>
12:00-13:00	<b>Panel discussion: Future Directions for Obesity Research and Care</b>
13:00-14:30	Close & lunch