

EASO ECN MASTERCLASS 2025
NOVEMBER 20-22 in Cascais, Portugal
“HOT TOPICS IN OBESITY”

DAY 1 – Thursday 20 November

Time	Session
13:00-13:40	Welcome, Introductions & Ice Breaker
13:40-14:20	Living with Obesity: Personal Journeys and Youth Perspectives
14:20-15:00	Workshop: Weight Bias, Obesity Stigma & Advocacy
15:00-15:40	Delegate Posters 1
15:40-16:10	Coffee break
16:10-16:50	Obesity as a Disease of the Central Nervous System
16:50-17:30	Genetics of Obesity
17:30-18:10	Delegate Posters 2
19:30-21:30	Welcome dinner

DAY 2 – Friday 21 November

Time	Session
09:10-09:50	Adipose Tissue Physiology and the Role of Mitochondria
09:50-10:30	EASO-NNF New Investigator Award in Basic Science 2025 Talk
10:30-11:10	Delegate Posters 3
11:10-11:40	Coffee break
11:40-12:20	Circadian Rhythm and Obesity
12:20-13:00	Psychology of Obesity
13:00-14:10	Lunch
14:10-14:50	Advancements in Obesity Pharmacotherapy: Current Options and Future Directions including the EASO Algorithm
14:50-15:30	Optimising Health through Physical Activity: Best Practices and Recommendations
15:30-16:00	Coffee break
16:00-16:40	Adult Session: 360 Degrees of Obesity Management in Adults
16:40-17:20	Paediatric Session: 360 Degrees of Obesity Management in Children
17:20-18:00	Delegate Posters 4
19:30-21:30	Dinner

DAY 3 – Saturday 22 November

Time	Session
09:10-09:50	Commercial Determinants of Health
09:50-10:50	Workshop: Complexity of Public Interventions to Address Health and Obesity
10:50-11:20	Coffee break
11:20-11:50	Health Economic Evaluations of Obesity Interventions
11:50-13:00	Panel discussion: Future Directions for Obesity Research and Care
13:00-14:30	Close & lunch