



European Association for the Study of Obesity

**EASO Obesity Management Working Group
Pre-Conference Workshop
Wednesday 5th March 13:00 – 16:00**

**23rd European Congress of Internal Medicine
5 – 8 March, Florence, Italy**

PROGRAMME

Chair: **Melania Manco** (Italy)

- 13:00 – 13:20** The patient perspective – **Iris Zani** (Italy)
- 13:20 – 13:40** Obesity for internists: What we need to know – **Melania Manco** (Italy)
- 13:40 – 14:00** Nutritional tools for weight loss and maintenance – **Valerie Tikhonoff** (Italy)
- 14:00 – 14:20** Physical activity tools for weight loss and maintenance – **Francesca Battista** (Italy)
- 14:20 – 14:35** Discussion Session: Panel discussion with Questions & Answers
- 14:35 – 14:50** **Coffee Break**

Chair: **Paolo Sbraccia** (Italy)

- 14:50 – 15:10** Sarcopenia and obesity sarcopenia: Old problem, new perspective – **Eleonora Poggiogalle** (Italy)
- 15:10 – 15:30** Pharmacotherapy tools for weight loss and maintenance – **Paolo Sbraccia** (Italy)
- 15:30 – 15:50** How to take all the new data into a clinical practice – **Dror Dicker** (Israel)
- 15:50 – 16:00** Close & Questions