

EASO OBESITY TAXONOMY

PROVIDING A COMMON LANGUAGE FOR OBESITY

Obesity is a chronic, relapsing, and life-long disease which needs to be approached in the same way as other chronic diseases. It is therefore imperative that we have a common, precise and scientifically accurate language about obesity to use across all stakeholder groups. Using a common language for obesity will contribute to the basis for high-performing and resilient healthcare systems resulting in better patient care.

THE TAXONOMY PROVIDES **54** EVIDENCE-BASED STATEMENTS THAT

- ✓ Importantly align with those used from policy to practice for other major policy-prioritized non-communicable diseases (NCDs)
- ✓ Are divided into definitions, scope and contextual usage across 6 themes

OBESITY TAXONOMY THEMES

1. DEFINITION OF OBESITY

- Pre-obesity
- Disease staging frameworks
- Indicators
- Signs

2. CAUSES, ONSET AND PROGRESSION FACTORS

3. OBESITY PREVENTION

- Health promotion
- Primary prevention

4. SCREENING AND EARLY DIAGNOSIS

- Screening
- Early diagnosis

5. TREATMENT AND MANAGEMENT

- Outcomes
- Shared decision making

6. OBESITY CONSEQUENCES: HEALTH AND SOCIO-ECONOMIC

CONSENSUS ON THE EVIDENCE-BASED LANGUAGE WAS ACHIEVED BY



70 EXPERTS



16 STAKEHOLDER GROUPS

including healthcare professionals, industry, policymakers, lived experience and researchers



30 COUNTRIES

represented

TARGET AUDIENCE

Use of this Taxonomy, which aligns the language of obesity with that of other policy prioritized NCDs, is appropriate for policy makers, healthcare professionals, people living with obesity, researchers, and health system users. This tool is useful for advocacy, communications, and education.



European Association for the Study of Obesity

Reference: Bowman-Busato, J., Schreurs, L., Halford, J.C.G., Yumak V, O'Malley G, Woodward E, De Cock D, Baker J.L. Providing a common language for obesity: the European Association for the Study of Obesity obesity taxonomy. *International Journal of Obesity*; 2024.
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