

**WINTER SCHOOL 2024**  
**NOVEMBER 14-16 in Palma De Mallorca, Spain**  
**“HOT TOPICS IN OBESITY”**

**DAY 1 – Thursday 14 November**

*Chairs: ECN Board*

<b>Time</b>	<b>Session</b>
12:30-13:00	Welcome by ECN Board, Introductions & Ice Breaker
13:00-13:40	Living with Obesity: Personal Journeys and Youth Perspectives
13:40-14:20	Weight Stigma & Advocacy Workshop
14:20-15:00	Delegate Posters 1
15:00-15:30	Coffee break with EASO Key Opinion Leaders
15:30-16:10	The Exposome and Obesity
16:10-16:50	Determinants of Obesity: Beyond "Eat Less, Move More"
16:50-17:30	Delegate Posters 2
19:30-21:30	Welcome dinner with EASO Key Opinion Leaders

**DAY 2 – Friday 15 November**

*Chairs: ECN Board*

<b>Time</b>	<b>Session</b>
08:30-09:10	Adult Session: Diagnosis, Staging & Management of Obesity in Adults
09:10-09:50	Paediatric session: Effective Strategies for Managing Childhood Obesity
09:50-10:30	Delegate Posters 3
10:30-11:00	Coffee break with EASO Key Opinion Leaders
11:00-11:40	Women's Health in Obesity Development & Management
11:40-12:20	Advancements in Obesity Pharmacotherapy: Current Options and Future Directions
12:20-13:00	Optimising Health through Physical Activity: Best Practices and Recommendations
13:00-14:10	Lunch with EASO Key Opinion Leaders
14:10-14:50	Understanding the Intersection of Obesity and Eating Disorders: Insights from Research and Interventions
14:50-15:30	Molecular Insights into Adipocyte Dysfunction and Obesity
15:30-16:00	Coffee break with EASO Key Opinion Leaders
16:00-17:20	Communicating About Obesity Workshop
17:20-18:00	Delegate Posters 4
19:30-21:30	Dinner with EASO Key Opinion Leaders

**DAY 3 – Saturday 16 November***Chairs: ECN Board*

<b>Time</b>	<b>Session</b>
08:30-09:10	Neural Control and Dysregulation in Obesity
09:10-09:50	Challenges & Controversies around Ultra-processed Food (UPF)
09:50-10:30	Disparities & Inequity in Access to Healthcare: European Policies for Comprehensive Obesity Management
10:30-11:00	Coffee break with EASO Key Opinion Leaders
11:00-11:40	Non-academic Career Pathways
11:40-13:00	Panel discussion: Future Directions for Obesity Research/Care
13:00-14:30	Close & lunch