

LATEST UPDATES IN OBESITY MEDICINES

MONDAY 4TH MARCH 2024, 6-8 PM CET



Register now: <http://tinyurl.com/3vumt25p>

PROGRAMME

LATEST UPDATES IN OBESITY MEDICINES

Enhance your expertise in obesity management at primary care level at this 2-hour World Obesity Day Europe online event for health professionals. Deepen your understanding of the latest medications and their impact on patient outcomes. Gain valuable insights from patient experiences, hear directly from practicing GPs, and connect with researchers at the forefront of obesity medicine advancements. Take this opportunity to increase your knowledge and improve patient care.

PART 1: THE PATIENT VOICE AND NEW DEVELOPMENTS IN OBESITY PHARMACOTHERAPY

- 6.00-6.05pm: **Welcome & introduction to World Obesity Day Europe 2024** led by Prof Dr Shlomo Vinker (President of WONCA Europe) and Dr Andreea Ciudin (EASO Obesity Management Working Group Co-Chair)
- 6.05-6.25pm: **"Patient Journey"** by Mr Andrew Healing (Director of Communications for the European Coalition for People living with Obesity (ECPO), Scotland, UK)
- 6.25-6.45pm: **"Management of Obesity: What is the Place of Pharmacotherapy Now?"** by Dr Nick Finer (Public Health Action Support Team (PHAST) Associate; Former Honorary Clinical Professor at the National Centre for Cardiovascular Prevention and Outcomes, University College London Institute of Cardiovascular Science, London, UK)
- 6.45-6.55pm: **Q&A session between speaker panel and audience**
- 6.55-7.00pm: **Break**

PART 2: DELIVERING OBESITY MANAGEMENT AND PHARMACOTHERAPY GUIDELINES

- 7.00-7.20pm: **“Obesity Medicine: Patient’s Story, Physician Actions, Shared Decision-Making for Obesity Management”** by Dr Dror Dicker (Chair of the EASO Collaborating Centres for Obesity Management (COMs) network; Lead of Hasharon Hospital COM, Rabin Medical Center, Israel)
- 7.20-7.40pm: **“Clinical Guidelines for Use of Pharmacotherapies: Practical Strategies for Family Doctors in Obesity Medicine”** by Dr Ana Cebrián (Chair of the WONCA Special Interest Group on Non-Communicable Diseases; Professor in Family Medicine at Universidad Católica San Antonio and GP in Cartagena, Murcia, Spain)
- 7.40-7.55pm: **Q&A session between speaker panel and audience**
- 7.55-8.00pm: **Key takeaways, next steps and future collaboration opportunities, close**

KEY LEARNING OUTCOMES

Participants of this specialist webinar will:

- i)** Receive insight into the lived experience of obesity management, from the patient's perspective;
- ii)** Explore the latest updates in obesity pharmacotherapy and their practical applications in supporting obesity management;
- iii)** Be presented with clinical case studies with in-depth discussion of decision-making processes involved in obesity management;
- iv)** Understand how GPs can use clinical guidelines for obesity pharmacotherapies to support patient care

SPEAKER & CHAIR BIOGRAPHIES

MR ANDREW HEALING

Director of Communications for the European Coalition for People living with Obesity (ECPO), Scotland, UK

Mr Andrew Healing serves as the Director of Communications for the European Coalition for People living with Obesity (ECPO) and is an active advocate for people living with obesity. Having lived with obesity his entire adult life, Mr Healing's journey has included weight loss surgery as well as various pharmacological approaches to support obesity management. Mr Healing's personal journey with obesity has been a driving force behind the advocacy work he is dedicated to, as he works to eliminate obesity stigma and promote greater awareness of obesity as a chronic disease.

DR NICK FINER

Public Health Action Support Team (PHAST) Associate; Former Honorary Clinical Professor at the National Centre for Cardiovascular Prevention and Outcomes, UCL Institute of Cardiovascular Science, London, UK

Dr Finer is a clinical academic endocrinologist who specialises in obesity medicine. Over 3 decades he developed multidisciplinary obesity services at Guy's, Luton, Cambridge, and University College London hospitals in the UK. From 2016-2022, Dr Finer was Senior Principal Clinical Scientist, Global Medical Affairs, with Novo Nordisk in Denmark. His research on obesity and its related complications is represented by 200 peer-reviewed papers and reviews, and more than 23 book chapters. He was a member of the EASO Obesity Management Task Force (2002-2015), Chair of the World Obesity Education and Management Task Force (2011-2015) and Founding Editor of Clinical Obesity.

DR DROR DICKER

Chair of the EASO Collaborating Centres for Obesity Management (COMs) network. Lead of a COM for adult patients with obesity based in Hasharon Hospital, Rabin Medical Center, Israel

Dr Dror Dicker is the Chair of the EASO COMs network and leads a comprehensive care facility for adult patients with obesity at Hasharon Hospital, Rabin Medical Center, Israel. As Head of the Internal Medicine Department and Obesity Clinic, and Associate Professor of Internal Medicine at the School of Medicine, Tel Aviv University, Dr Dicker aims to enhance the quality of internal medicine and obesity treatment while fostering a supportive environment for young medical professionals. Serving as President of the Israeli Association for the Study of Obesity, and through the EASO COMs network, Dr Dicker is dedicated to advancing educational initiatives in internal and obesity medicine. He has also played a significant role in the treatment of COVID-19 patients, serving on the Ministry of Health advisory board, and leading a multidisciplinary team at Rabin Medical Center.

Dr Ana Cebrián

Chair of the WONCA Special Interest Group on Non-Communicable Diseases. Professor in Family Medicine at Universidad Católica San Antonio and General Practitioner in Cartagena, Murcia, Spain

Dr Ana Cebrián, MD, PhD, has been a dedicated Family Physician since 2005, specializing in diabetes management with an MS degree from Universidad de Alcalá de Henares, Madrid, Spain. Currently practicing as a GP in Cartagena, Murcia, Spain, since 2013, she also holds professorships in Family Medicine at Universidad Católica San Antonio (Murcia) and in the MS degree program "Research in Family Medicine" at University Miguel Hernández, Alicante, Spain. Actively engaged in various professional societies such as the Spanish Society of Family Medicine and the Spanish Diabetes Association, Dr Cebrián contributes significantly to diabetes research as a member of several groups focused on primary care and diabetes management. With over 50 communications presented at national and international congresses, including three awards, and numerous publications in esteemed journals, Dr Cebrián is recognized for her expertise and contributions in the field of family medicine and diabetes management.

Dr Andreea Ciudin

Co-chair of the EASO Obesity Management Working Group (OMWG); clinical specialist in Endocrinology and Nutrition at Hospital Vall d'Hebron, Barcelona, Spain; Member of the Directory Board of the Spanish Society of Obesity (SEEDO)

Dr Andreea Ciudin (MD, PhD) is a clinical specialist in Endocrinology and Nutrition at Hospital Vall d'Hebron, Barcelona, Spain, and co-chair of the EASO Obesity Management Working Group (OMWG). Dr Ciudin has extensive expertise in type 2 diabetes and obesity management. Dr Ciudin coordinates the Obesity Unit at Vall Hebron University Hospital, accredited by EASO as a centre of excellence in the EASO COMs network, and serves as Treasurer of the Spanish Society for the Study of Obesity (SEEDO). Her research focuses on elucidating links between type 2 diabetes and cognitive impairment, while actively exploring obesity and its complications as a principal investigator on multiple projects.

Prof Dr Shlomo Vinker

President of WONCA Europe, Full Professor in Family Medicine, and the Vice Dean at the Faculty of Medicine, Tel Aviv University

Prof Dr Shlomo Vinker is the President of WONCA Europe and a family physician based in Ashdod, Israel. Prof Dr Vinker is also a Full Professor in Family Medicine and former Chair of the Department of Family Medicine at the Faculty of Medicine, Tel Aviv University. Having published over 250 research papers in peer-reviewed medical journals, he is an expert in chronic disease management, quality indicators in family medicine, and preventive medicine. His leadership extends to the Israeli Association of Family Physicians (IAFP), where he previously chaired the organization, driving significant changes in residency programs and fostering research initiatives. Additionally, as Chief Medical Officer at Leumit Health Services, Prof Dr Vinker oversees healthcare for 730,000 patients and spearheads efforts to enhance research capacity in family medicine and primary care.

