

# International Obesity Collaborative **CONSENSUS STATEMENT**

## Body Mass Index (BMI)



Body mass index (BMI) is a measure used to screen for obesity that neither defines the disease nor replaces clinical judgment. Social determinants, race, ethnicity, and age can modify the risk associated with a given BMI. Successful obesity management should be measured by the health and quality-of-life goals established through shared decision making by the patient and their healthcare provider rather than changes in BMI alone.

### International Obesity Collaborative Members

