

Day 1 Saturday 30 June 2018	
Plenary Session: Introduction to the Course and Start-up	
Lunch: 12:00 – 13:00	
13:00 - 13:15	Welcome and Introductions: What is the goal of the 2018 EASO TTT
13:15 - 15:15	Participant Introductions
Coffee and Stretch Break: 15:15 – 15:45	
15:45 - 16:30	Participant Introductions
16:30 - 17:00	The patient perspective: What obesity means to me: Sven Schubert, Ireland
17:00 - 17:45	Stigma and discrimination: Christina Fleetwood, Sweden
17:45 - 18:15	Translational impact of fat mass regulation: Jens-Christian Holm, Denmark
18:15 - 18:45	Nutrition and the food environment: Maria Hassapidou, Greece and Jason Halford, United Kingdom
19:30 - 21:30	Networking Dinner

**Day 2
Sunday 1 July 2018**

Group Physical Activity: 08:30 - 09:00

Session 1.0 Overview Lecture: 09:00 – 09:30

Public health interventions: [Tommy Visscher, The Netherlands](#)

Case Study Teaching Workshops x 3 rotations: 09:30 - 10:30

1.1: What works, what doesn't?
[Tommy Visscher](#)
The Netherlands

1.2: Early childhood
[Carolyn Summerbell](#)
United Kingdom

Coffee and Stretch Break: 10:30 - 11:00

Session 2.0 Overview Lecture: 11:00 - 11:30

Obesity management in children: [Louisa Ells, United Kingdom](#)

Case Study Teaching Workshops x 3 rotations: 11:30 - 12:30

2.1: Neglected children and severe obesity
[Nathalie Farpour-Lambert](#)
Switzerland

2.2: Case study
[Jens-Christian Holm](#)
Denmark

2.3: Case study
[Louisa Ells](#)
United Kingdom

Lunch: 12:30 - 13:30

Session 3.0 Overview Lecture: 13:30 - 14:00

Physical activity prescription: [Jean-Michel Oppert, France](#)

Case Study Teaching Workshops x 3 rotations: 14:00 - 15:00

3.1: Practical tips for professionals
[Jean-Michel Oppert](#)
France

3.2: PA prescription in children
[Carolyn Summerbell](#)
United Kingdom

3.3: PA in patients with severe obesity
[Andrea Ermolao](#)
Italy

Coffee and Stretch Break: 15:00 -15:30		
Session 4.0 Overview Lecture: 15:30 - 16:00		
Obesity management in adults - Pharmacotherapy: Dror Dicker, Israel		
Case Study Teaching Workshops x 3 rotations: 16:00 - 17:00		
4.1: What drug treatment for whom? Hermann Toplak Austria	4.2: What can we expect from new drugs? Volkan Yumuk Turkey	4.3: The effect on weight management of other diseases Dror Dicker Israel
Session 5.0 Overview Lecture: 17:00 - 17:30		
The systems approach: Harry Rutter, United Kingdom		
Case Study Teaching Workshops x 3 rotations: 17:30 - 18:30		
5.1: Mapping Harry Rutter United Kingdom	5.2: Long term consequences Jennifer L Baker Denmark	
19:30 - 22:30: Networking Dinner		

Day 3 Monday 2 July 2018		
Group Physical Activity: 08:30 - 09:00		
Session 6.0 Overview Lecture: 09:00 - 09:30		
Obesity management in adults - Bariatric surgery: Luca Busetto, Italy		
Case Study Teaching Workshops x 3 rotations: 09:30 - 10:30		
6.1: Medical management post bariatric surgery Luca Busetto Italy	6.2: Nutrition post bariatric surgery Mary O'Kane United Kingdom	6.3: Lifestyle post bariatric surgery Andrea Ermolao Italy
Coffee and Stretch Break: 10:30 - 11:00		
Session 7.0 Overview Lecture: 11:00 - 11:30		
Pregnancy and post-partum: Nathalie Farpour-Lambert, Switzerland		
Case Study Teaching Workshops x 3 rotations: 11:30 - 12:30		
7.1: Complications during pregnancy and post-partum Bénédicte Le Tinier Switzerland	7.2: Lifestyle interventions Nathalie Farpour-Lambert Switzerland	
Lunch: 12:30 - 13:30		
Session 8.0 Overview Lecture: 13:30 - 14:00		
Non-medical management of obesity: Alain Golay, Switzerland		
Case Study Teaching Workshops x 3 rotations: 14:00 - 15:00		
8.1: Therapeutic education Alain Golay Switzerland	8.2: Dietary interventions Maria Hassapidou Greece	

Coffee and Stretch Break: 15:00 -15:30		
Session 9.0 Overview Lecture: 15:30 - 16:00		
Psychological and behavioral issues: Jason Halford, United Kingdom		
Case Study Teaching Workshops x 3 rotations: 16:00 - 17:00		
<p>9.1: Appetite regulation Graham Finlayson United Kingdom</p>	<p>9.2: Emotional eating Jason Halford United Kingdom</p>	<p>9.3: Childhood Clare Llewellyn United Kingdom</p>
18:30 - 22:30: Networking Dinner		

Day 4 Tuesday 3 July 2018		
Group Physical Activity: 08:30 - 09:00		
Session 10.0 Overview Lecture: 09:00 - 09:30		
Complications: Dror Dicker, Israel		
Case Study Teaching Workshops x 3 rotations: 09:30 - 10:30		
10.1: Case study on hypertension Dror Dicker Israel	10.2: Case study on fatty liver Hermann Toplak Austria	10.3: Case study on T2D Volkan Yumuk Turkey
Coffee and Stretch Break: 10:30 - 11:00		
11.0 Case Study Teaching Workshops x 3 rotations: 11:00 - 12:00		
11.1: Media management Nathalie Farpour-Lambert Switzerland	11.2: Social media management Sheree Bryant United Kingdom	
Summing Up and Close: 12:00 - 13:00		
Lunch: 13:00 - 14:00		

****This programme is subject to changes, and is correct as of 06.06.18***